



# ABERDEEN FOYER ANNUAL REVIEW 2005



All young people need a home, and a springboard to independent living, learning and work. Some don't have it. Aberdeen Foyer helps fill the gap.



## INTRODUCTION

**Aberdeen Foyer is a successful local charitable organisation working to prevent and alleviate youth homelessness and unemployment. We provide supported accommodation and access to a range of education, training, employment opportunities and community health services for young people and their community.**

We address all the issues facing vulnerable young people enabling them to take the next steps towards independent living, learning and work.

Since the first accommodation site opened in 1998, Aberdeen Foyer has housed and supported over 1000 young people including single parents, care leavers, ex offenders, those who have or have had drug or alcohol problems, learning difficulties or mental health issues.

Currently we have 76 tenancies across 5 supported accommodation sites in Aberdeen, Peterhead, Fraserburgh and Stonehaven. In the autumn 5 people will move into a new site at Banchory.

As well as supported accommodation the following are some of the services on offer to tenants but also to young people in the wider community.

- **Prince's Trust Team** - a 12 week personal development programme
- **Lifeshaper** - a community rehabilitation programme for those who have had alcohol/drug problems
- **Progress2Work** - an employment support service aimed at helping former drug users to overcome barriers into work
- **Move-on** - practical support for former tenants moving into their own homes
- **New Deal** - Gateway to Work

- **Build & Train** - offers participants the chance to achieve job aspirations while meeting the employment needs of Grampian's construction industry
- **Opportunity Gateway Partnership** - Learning Houses providing free, informal learning opportunities to the community in Aberdeen and Aberdeenshire
- **Foyer Music** - state of the art rehearsal and recording facility available to all young people and music related workshops
- **Foyer Drive** - a new initiative to support young people to learn to drive
- **'Sorted Not Screwed Up'** - Mental health and wellbeing project
- **Community Health Services**
- **IT classes**
- ... and **social and recreational activities** too!

In addition we have a trading company, Foyer Enterprise, which encompasses the Foyer Restaurant and Gallery and Foyer Graphics. These businesses generate income to support the work of Aberdeen Foyer, provide an interface with the wider community and offer training and employment opportunities for young people. We are currently developing some new business ideas.

The 10 years since its inception has seen the remarkable development of Aberdeen Foyer from an organisation with a turnover of £200,000 and 5 members of staff to a complement of over 130 staff working across 14 locations with a projected turnover 2005/6 of £3.5 million.

Our innovative approach to supporting young people through the transition to social and economic independence and our determination to find ways of working that produces success has led to Aberdeen Foyer receiving many accolades and awards and to our work being featured at a national level in relation to examples of good practice.



## CHAIRMAN

I am privileged to be Chairman of one of the leading Foyers in the United Kingdom and it is appropriate as we celebrate 10 successful years that I pay tribute to my three predecessors; Lord Provost John Reynolds, former Councillor Morag Morrell and the current Chair of Foyer Enterprise Board, Alan Moat. Chairman, Madam Chairman, Chairperson, Chair - call them what you like, we all owe a debt to their foresight, hard work and particularly in their skills in selecting outstanding staff, originally five in number but now numbering over 130.

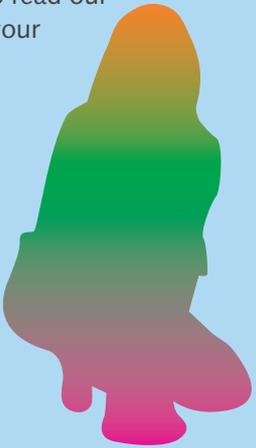
The Foyer now has over 70 supported tenancies at five sites in Aberdeen and Aberdeenshire occupied by Foyer tenants who receive training and education to enable them to ultimately live fully independent lives. We also provide a range of services to vulnerable groups in the community and continue to be inventive as we develop new services such as Foyer Dive and our Volunteering project.

The support provided by Aberdeen Foyer is absolutely vital but is rewarded by the determination and hard work of the young people themselves who have had the courage to overcome their problems.

Our success is due to our partnerships with numerous organisations including Grampian Housing Association, Aberdeen College, Aberdeen and Aberdeenshire Councils, NHS Grampian, Careers Scotland and a large number of generous corporate and private investors who appreciate the value of the Foyer and are appreciated by the Foyer.

With continuing support we plan to develop further our responses to the issues still faced by too many young people.

This Annual Review captures the essence of 10 years of successfully working with vulnerable young people in this area. I thank you for being interested enough to read our report, for demonstrating your support and for your involvement with Aberdeen Foyer.



*David R. Paton*

**David Paton**  
Chairman



## ABERDEEN FOYER – CELEBRATING 10 SUCCESSFUL YEARS

The publication of Aberdeen Foyer's Annual Review 2005 is a special event in the life of Aberdeen Foyer, marking our 10 year anniversary. We have a fantastic staff team who share a passion and commitment in our work that brings about real change in the lives of those we work with. Our staff are our major asset. Individually they have tremendous knowledge, experience and skills; collectively they are a force to be reckoned with.

Our thanks also must go to our two Boards of Management which represent a real and effective partnership between key organisations all of whom are vital to our work. The Board members work on a voluntary basis for Aberdeen Foyer ensuring good governance and providing strategic direction in our work.

This year we opened new supported accommodation in Stonehaven and are shortly to open a similar scheme in Banchory. Both schemes have been established with our housing partners Grampian Housing Association. Within our Education and Training Team we successfully re-bid to run the Build & Train programme supporting unemployed individuals into employment in the construction industry. We however saw the suspension and later termination of the contract to deliver the Ambition Construction programme offering similar support into adult apprenticeships in the construction industry. This was a major disappointment for us and was a decision which affected similar programmes across the UK.

2005 also saw the development of our Volunteering project supported through funding from Communities Scotland. The aim of this project is to effectively recruit and train volunteers to support our work with young people and also to encourage our client group to volunteer in the local community.

In relation to developmental activity a range of work was undertaken and is impacting positively in 2005/06 on both service delivery and finance. This includes the Opportunity Gateway Partnership initiative to sustain and develop the network of Learning Houses.

Our Community Health work was further enhanced with Scotland Against Drugs and Communities Scotland jointly funding a dedicated drug specialist within the Community Health Team.

Aberdeen Foyer's fund raising activities over the year have continued to attract support from many local individuals and companies. We continue to benefit from our trading company's business activities both in terms of financial support and in raising awareness of the work of Aberdeen Foyer in the wider

community. During the year we undertook a range of refurbishment and building improvements to the Foyer restaurant and gallery. As a consequence we had to close the restaurant throughout January 2005. This has meant some short term loss of income but will have longer term benefits for us in ensuring we have a restaurant kitchen fit for purpose. This will ensure we sustain the high quality service and product we now have a reputation for providing.

We continue to develop and establish new initiatives. As we go to print we are launching Foyer Drive, a new driving school operating as a social and business enterprise. Foyer Drive is financially supported primarily by the Rank Foundation and ExxonMobil and has been made possible through a partnership with BSM, Grampian Police and Aberdeen College. In addition, we have recently concluded an agreement with Robert Gordon University to establish a programme of exhibitions of works of art and design at the Garthdee campus and work continues on a joint initiative with Instant Neighbour to establish a new furniture repair and recycling project in Aberdeenshire.

I have mentioned the terrific corporate support we enjoy, the work of our Board members and the excellent partnership it represents and our brilliant staff, all critical ingredients in our success as an organisation, but the real 'drivers' in our work are those we work with:

- the young man who had been in care since the age of 9, was labelled uncontrollable, who aged 17 abandoned his council flat after only one month and ended up sleeping on the street. He is now an apprentice bricklayer, shares his housing association flat with his partner and is thinking about buying his own home.
- the mother who left school with no qualifications but was helped to re-engage in learning in her own home and went on to successfully complete a degree at Aberdeen University.
- the young man who suffered from mental health problems and had even considered taking his own life is now settled in his own home and attending college.

These and now 1000s like them are the real success stories of Aberdeen Foyer. Young people re-engaged in life with bright futures ahead of them. They continue to challenge, guide and inspire us.



**Ken Milroy**  
Chief Executive

**“Service users confirmed they were encouraged to express their views freely either individually or in meetings.”**

**“There was a strong emphasis on service users’ rights throughout the organisation, with a culture of listening, acceptance and enabling independence.”**

## HOUSING SUPPORT

Aberdeen Foyer has places for up to 44 tenants in Aberdeen, 23 in North Aberdeenshire and 14 in South Aberdeenshire. Additionally we can support up to 10 tenants who have moved on into independent accommodation to assist them to have the best possible start in their new home.

Young people become homeless for many different reasons. Some have been brought up in the care of the local authority and have no available parental home, some may have mental health problems which are difficult to cope with in a family situation, some are at risk of abuse (physical, mental or sexual) in their present home, some have parents who have moved away while the young person chooses to stay, some have had problems with alcohol or drug use, some have experienced bereavement, some leave home to seek education or employment. It is difficult to live alone at any time, but being faced with it at a very young age with little life experience is a daunting task. It is for this reason that each tenant at Aberdeen Foyer is allocated a key worker with whom they will develop a relationship and talk things over with. The key worker assists the tenant to create their own action plan which highlights the goals the young person has for their future and the ways in which they will try to achieve them.

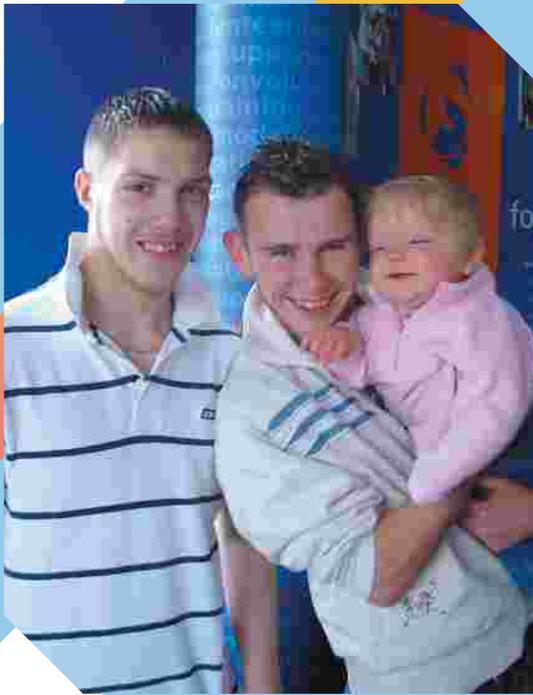
This year has seen the first inspections carried out by the Care Commission of our Housing Support service under the legislation which demands that such services be inspected and regulated. The inspection took place in September and resulted in a glowing report highlighting many areas of good practice. We have also been inspected by the Supporting People Team in Aberdeen and re-accredited by the Foyer Federation. Again both reports were extremely favourable, highlighting the success of the service.



**“Young people understood what they were working towards and stated that they felt well supported in this - they stated that the staff were good to talk things over with ”**

*(above quotes from care commission report)*

# PETERHEAD / FRASERBURGH



## PETERHEAD

### Tenant's Story

My name is Lynne Taylor and I am 21 years old. I lived on my own for 2 years but couldn't manage my money very well and ended up losing my home. I'd heard about the Foyer from other people so I decided to try and get a house there. Within two weeks after my last interview I received a phone call offering me a place. I moved in on 12 September and today I can honestly say it feels like home. I think this is my opportunity to do something with my life because the Foyer offers all of the support that I need.

### Previous Tenant

My name is Gerrard Lynch and I lived in a flat in Broad Place in Peterhead where I was supported by Foyer staff. I lived there for the full two years and was the first to be moved on via the move on and befriending project. When I first left the Foyer it was great but I quickly started to miss the support and advice from the staff and especially the fun things like trips out so I requested a befriender and have recently been matched up to a befriender who I have chosen to meet up with in Aberdeen on a regular basis. I am really excited about this and can't wait to try out some new activities.

## FOYER FACTS

**peterhead**  
housed  
6 males  
8 females

**presenting issues**  
2 mental health issues  
3 substance misuse  
1 learning difficulties  
2 offending behaviour  
6 family breakdown

**achieved**  
2 prince's trust team  
1 full time college hnc/hnd  
1 part time employment

**fraserburgh**  
housed  
3 males  
3 females

**presenting issues**  
1 mental health  
2 offending behaviour  
3 family breakdown

**achieved**  
1 full time employment  
1 full time trainee hairdresser  
1 prince's trust team  
1 recently moved to switzerland to be a live-in nanny



## FRASERBURGH

### Tenant's Story

I think that Aberdeen Foyer is a great association that really helps young people learn how to take on the responsibility of not only a house but also the responsibility of being a young adult emerging into the real world and getting either education or work. My views on Aberdeen Foyer are all good as they have helped me learn how to budget my money so I would have enough per week for shopping, electricity and also have some left over to spend on myself. I also could not find a dentist near where I live so the Foyer found one in Aberdeen and provided travel expenses or transport which gave me the 'charming smile' I have now. I had never been good at cooking. I found the whole prospect of making things instead of eating out of tins or microwavable meals daunting so all the tenants at Fraserburgh were shown how to make simple and healthy dishes that don't cost a lot. The music nights took place before the summer holidays this year and from that I learned how to play the guitar although there were many other instruments available if you preferred.

I feel really comfortable talking to the members of staff about any problems I have and the tenants are also good friends so really the Foyer has given me a lot more than music lessons or cooking skills but introduced me to new friends and a better way of living.



## TORRY

The Tuesday morning breakfast club continues to go from strength to strength and a number of young people are attending college, work and training courses. Tenants are also actively involved in Foyer Music, the Young People's Forum, Get Active among other things. Shiatsu also continues to be popular with the young people.

A major project for Torry this year was the transformation of the garden at number 139, Victoria Road. With amazing help and support from staff at Fox Lane Garden Centre and volunteers from Banchory and Seattle, Torry tenants were able to turn their garden into a small haven in which they can relax and take in the stunning views of the city. A garden seat was kindly donated in memory of Bill Mearns by an old friend and colleague and takes pride of place in the garden. The young people would like to thank all those who helped to transform their garden.

### Ellen's Story

"At first it was just going to be a few plants and a tidy up but then the more tenants and staff discussed the idea the bigger the plan became. But when the volunteers heard what a challenge we had before us they just rolled up their sleeves and worked that little bit harder. Over five days we transformed a neglected space into a functional and attractive garden where tenants and staff can relax.

With expert advice from Gordon Henderson of Fox Lane Garden Centre, who was available day and night, we managed to complete the project with enough time for a BBQ on the last day. It was very impressive to see what volunteers, tenants and staff working together had managed to achieve."



Hello everyone. My name is Michael. I have a lovely one bedroom flat which is very much my safe place. I used to live with my Dad in Ellon but unfortunately he died in tragic circumstances and I had to find somewhere new to live. I moved into my flat this year and started to look at the kind of support I needed to help me move on in my life and find some happiness.

First of all I spent lots of time with my support worker who listened to me, did activities with me like going to the gym and helped me to see where I might behave a little differently to help me get along well with other people. Losing my Dad and my friends, as I had to move back into Aberdeen, was difficult but I soon realised that I needed to make new friends to fill the gap. I also spent a lot of time with the homemaker at Torry who is called Ethel. She helped me to work out how to manage my money, how to cook and even helped me change my diet so I could be more healthy. The caretakers at Torry are also helpful. They are there if you are struggling with loneliness and don't turn you away if you need some company. Sometimes I help them with their duties and have learned a bit about decorating.

I had to make an Action Plan which would help me get into employment. I really want to work as I would like to have money in my pocket. I would like new clothes and things for my house which really isn't possible when you are keeping a house on benefits. I am now on the Prince's Trust Team at Aberdeen Foyer. During this twelve week programme I will have a two week work placement and I want to make sure I do well at that so I can get a good reference.

I was elected to represent the Torry tenants on the Young People's Forum in April this year. I attend meetings and take part in the debates, in organising activities and best of all in the team building weekend we had at Newtonmore. I try to make sure other tenants' views are heard. I have also been to a meeting of the Foyer Board where I was asked what I enjoyed most about the time we had in Newtonmore and I replied that it was the enjoyment of being away with a group of people who were enthusiastic, kind and had fun together. That was a huge thing for me – being part of a group who were genuinely pulling together and supporting each other.

I feel much stronger now. I am not so self conscious and I find it easier to get along with people. I am back in contact with more of my family who seem to accept me more now. I feel like I am finding my happiness again.

## TRINITY COURT

Trinity Court's newly refurbished multi-purpose room was created with the help of both tenants and staff and was completed in May this year. The room was previously used as a bedsit. However it was felt we lacked a dedicated space to allow tenants to cook, hold meetings, use for group activities and also one to one sessions.

We received funding from the Health Improvement Fund (NHS Grampian) for the refurbishment and to buy furniture and equipment. A very well attended breakfast club is held every Tuesday morning.

"It's a bright, modern, groovy space that used to be dull and dreary! It's a really nice room to be in."



### What supporting people means to me by Richard Elmes

After joining the army just before my 17th birthday I realised army life was not for me. I found out that my father did not want me back home if I left the army so I stayed.

During this time I became quite severely depressed, my drinking became uncontrollable, I was self harming on a regular basis and I had made several attempts on my own life. After one drunken episode where I self harmed quite badly I was taken to the mental health hospital as an inpatient for treatment and diagnosis. This is when I was told my discharge from the army had been applied for thus leaving me homeless, my whole life crumbled before my very eyes.

After that news I had to find a place to live and hopefully receive some kind of support, it seemed like an uphill battle and there was no-one available to help me. I felt I was to blame for being sick, it was my fault and I deserved the pain and worry because I was a bad person. Even my dreams of becoming a Forestry Officer seemed impossible at this time, yet another reason why I wanted to kill myself.

And then I found Aberdeen Foyer whilst trawling the internet. It wasn't about the flat, it was more to do with the support available. I just couldn't face the real world without it.

Although I was stationed in Germany and communication proved to be a bit of a pain, I made an application and was soon offered a tenancy and I moved in after 2 weeks of clearing up my affairs in Germany (welcome to the real world!).

I moved into a lovely one bedroom flat with support workers, a homemaker and caretakers available on site. I was supported to develop an action plan which helped me work out where I wanted to go with my life. I was given instant access to a cognitive behavioural therapist employed by Aberdeen Foyer who began to help me address my mental health problems. I was not alone or isolated. I took part in cooking classes, art based activities, got help with budgeting and controlling my money, went on visits and took part in activities like going to the gym, tennis, basketball etc all of which helped me address my depression. It wasn't all plain sailing but I continually made progress.

I take part in tenants' meetings where I have the right to speak up about the service I receive and collectively campaign for any changes we would like to make. It is worthwhile taking

part in this as you do genuinely feel listened to and that the organisation is interested in your opinions - a far cry from my army days. Some of the tenants have been elected to the Aberdeen Foyer Young People's Forum and some of the Forum members are elected Directors of Aberdeen Foyer's Board.

I completed the Prince's Trust programme which went some way to repairing my confidence and my shattered self esteem. I still had alcohol issues which I was helped to overcome. I was encouraged to see about attending University for a degree in Forestry. To achieve my goal I had to do an access course to prepare me for returning to study.

Over the summer months I attended university, completed the access course which happily I passed and more importantly have made new friends and found a new sense of belief in myself. This week I started the Forestry course. I feel confident in giving this a go because I know that if I am under any stress or pressure I have a support worker to help me deal with it in a constructive way.

I have been so lucky and I am being helped to help myself. If it hadn't been for the Foyer I'd probably have ended up in a drug-induced haze or worse...in a box. I would not wish that on anyone.





# STONEHAVEN / BANCHORY

The new premises at Stonehaven opened its doors on the 30 May 2005. Young people who were previously housed in the shared accommodation at 17 Redcloak Crescent moved in to purpose built flats at Arduathie Road and were soon joined by new tenants.

It is hard to believe we have only been "open for business" for 4 months!

The new premises consist of 9 one bedroom fully furnished flats. At present 9 young people occupy 8 of the flats with the 9th flat being used as a Homemaker flat. This has proved to be an extremely valuable resource as it provides a neutral space where the young people come together for a variety of activities. These include tenants' meetings once a month, weekly art classes, the Breakfast Club on a Tuesday morning with a representative from the Education and Training team spending the morning with the young people, cooking sessions featuring foods young people have never tried before and recently some craft work.

Six young people are currently on the waiting list for accommodation in Stonehaven.

Three computers donated by Aberdeenshire Council are situated within the homemaker flat for use by tenants.

The local Community Education team and the Adult Basic Education team are interested in increasing their involvement with Aberdeen Foyer in Stonehaven. It is hoped this will provide a wider scope for delivering a different but local service to our young people which they would still be able to access should they move on from our accommodation in the future.

## BANCHORY

The new supported accommodation was completed on time and we are currently awaiting the delivery of furniture for the 5 flats and office/homemaker flat.

Watch this space!



### Tenant's Story

I moved from Trinity Court to Stonehaven on the 14 February 2005. I wanted to move back to my home town to re-build relationships with my family. At that time I was part of the shared accommodation at Redcloak Crescent until 30 May when I moved to the new build accommodation at Brickfield Court. I did start the Prince's Trust Team and completed 10 weeks of the course, played drums in the music room and was actively involved in the Young People's Forum until recently when I secured a full time position within the local hotel trade and work commitments forced me to withdraw. I now feel ready to move on to my own accommodation and staff in Stonehaven are supporting me to access local housing.

Karen Edwards

## FOYER FACTS

### housed

- 6 male
- 7 female

### presenting issues

- 2 learning difficulties
- 3 leaving care
- 3 family breakdown
- 1 substance misuse
- 4 mental health issues

### achieved

- 4 full time employment
- 1 part time employment
- 2 Prince's Trust Team
- 1 voluntary work
- 1 literacy/numeracy programme
- 1 work placement





foyer music

Foyer Music offers young people a safe and supportive environment where they are given instruction in all aspects of the music business including technical production.

The Foyer Music Support Group has been going from strength to strength and has assumed responsibility for the Foyerlive project; running each gig with next to no involvement from staff. One young person has taken on the job of fundraising for the group and is now trying to raise enough money to take two bands to Shetland in the New Year and then over to the west coast. Foyerlive gives new bands a chance to learn how to run gigs well and safely and the opportunity to perform with experienced bands that can show them the ropes and be a positive influence. A successful live performance is a fantastic boost to self-confidence.

In January the Support Group organised the Foyerlive Weekender; a 2 day event, run in association with the Shetland Arts Trust, for young talent from the local area but also from England and Shetland. Gigs were all free of charge and took place at One-Up Records, Café Drummond and Kilau coffee shop.

## FOYER FACTS

- open 1pm-10pm mon - fri and 10am-4pm sat
- fully equipped 24-track recording studio with engineer provided
- dj facility
- live shows for bands who use the facilities
- regular workshops
- all bookings at [www.foyerlive.com](http://www.foyerlive.com)



Band with Mark Radcliffe, Radio 2

In May a free music workshop by the Musicians' Union Workshop Band was held as part of goNORTH, the annual showcase event in Aberdeen for new music. Over 40 bands played free gigs at six venues at Belmont Street. During the workshop the band members demonstrated practical aspects of performance skills, song arrangement and rehearsal techniques with the new bands and singers at Aberdeen Foyer.

The biggest new development for us this year is Foyer Records - a brand new organisation being setup by the young people in Foyer Music to record and release CDs by local bands. Aberdeen City Council is funding a six-month trial where one CD will be released featuring three bands. Many promotional activities are planned to accompany the release of the CD.

We will undertake outreach work over the coming weeks with the Loft Youth Project in Keith. They have plenty of equipment and many young musicians but lack technical experience so it is a perfect opportunity for Foyer Music to be able to help out and share our expertise.

In December the Support Group is running a show in Café Drummond to celebrate Aberdeen Foyer's 10th birthday and the Foyerlive project's 5th birthday. 5 bands will perform and have agreed to donate half of the money they earn to Foyer Music.

**'Our idea to organise the Weekender came about after the success of Foyerlive gigs which play to packed houses. There's a lot happening in the Aberdeen music scene but it isn't easy for bands to get a gig and some newly formed bands don't know enough about what goes on behind the scenes to feel confident about putting on their first live performance.'**

**Jonathan McKenna co chairman Foyer Music Support Group**



## BUILD & TRAIN

Addressing the issue of skills shortages in the local construction industry, the Build & Train programme continues to develop and show significant success. Run in conjunction with local colleges, JobCentre Plus and financially supported by Communities Scotland, the programme was primarily designed to help train unskilled/semi skilled unemployed people as General Building Operatives within the construction industry. However since the demise of Ambition Construction (aimed at adult apprentices in joinery and bricklaying) in April 2005 we have been striving to diversify into other industries by engaging with employers in an effort to expand and develop the existing programme. With crucial support from local employers and developers we look forward to another successful year supporting people into sustainable employment while making a very meaningful contribution to the local economy.



## GATEWAY TO WORK

The Gateway to Work contracts entered their third (and final) year in April 2005.

We continue to enjoy an excellent working partnership with Arkle Training and Apex Scotland. The programme itself has changed with all participants now being able to partake in the 2 day work placements required to complete the course. Our thanks to all the employers who have been very helpful in taking placements and giving presentations to the groups.

The course still attracts an SVQ in Job Seeking Skills, Level 1, but we are currently working with SQA to upgrade the qualification to Level 2. There have been over 300 SVQs awarded to Gateway to Work graduates.

## FOYER FACTS

5 courses - 4 complete,  
1 ongoing since 14/08/05

78 participants – 61 completed  
courses, 17 in training.

36 participants in full time  
employment.

Job entry performance to-date  
- 59%.

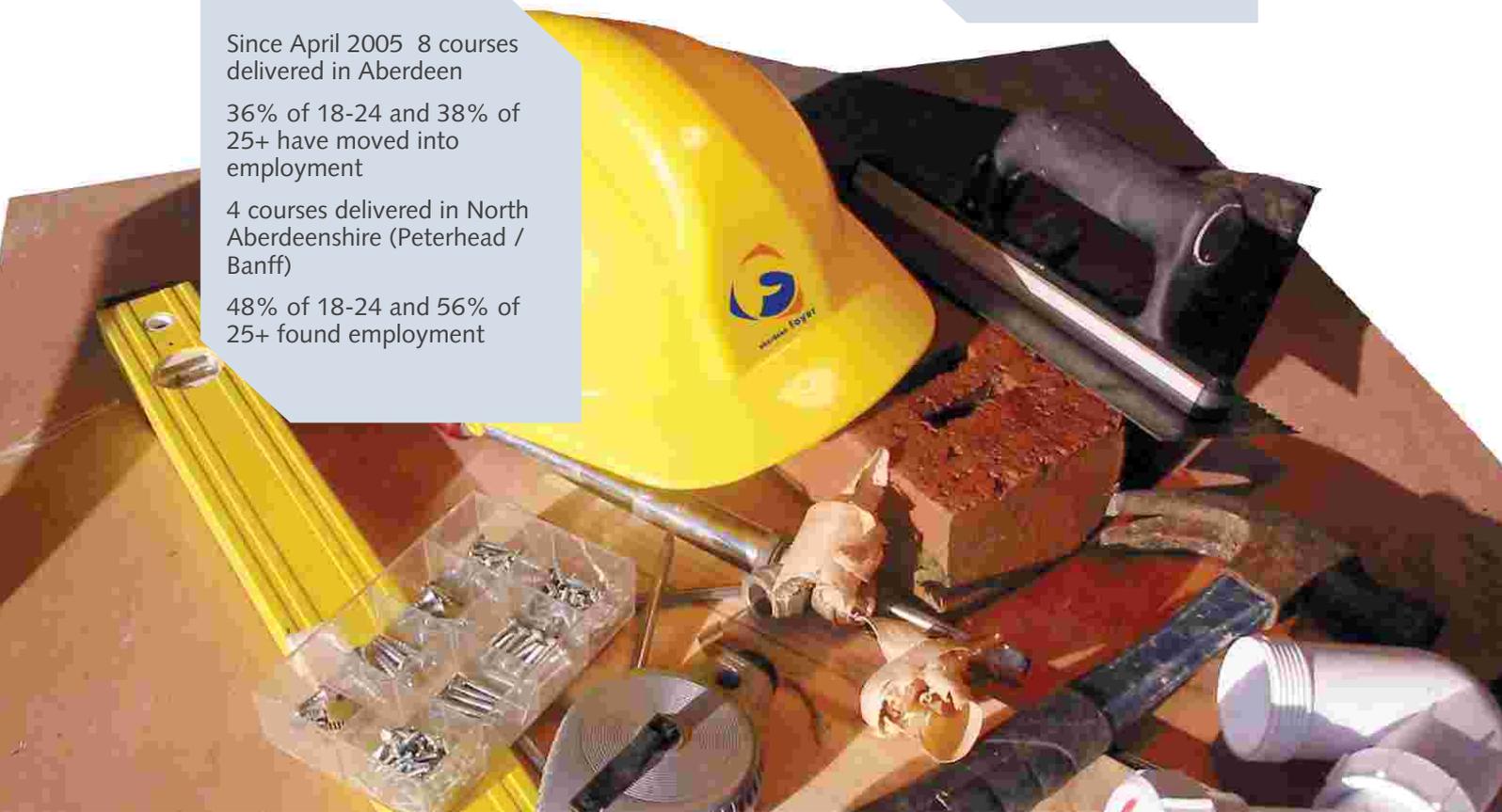
## FOYER FACTS

Since April 2005 8 courses  
delivered in Aberdeen

36% of 18-24 and 38% of  
25+ have moved into  
employment

4 courses delivered in North  
Aberdeenshire (Peterhead /  
Banff)

48% of 18-24 and 56% of  
25+ found employment



# PROGRESS 2 WORK

Progress2Work is a support work service to help individuals recovering from drug use to overcome barriers to enter mainstream education, employment and training projects. Run in association with Aberdeen Cyrenians and APEX as part of the Integrated Community Drug Service (ICDS) along with Drugs Action and Phoenix House, this programme has added an effective 'move on' support service to individuals who may have completed the intensive Lifeshaper programme and have demonstrated their commitment and desire to achieve their career aspirations.

## Participant's Story

When I started at Aberdeen Foyer I had just come out of a drug treatment centre - I had no job and hadn't worked for 3 years. I was referred to the Foyer through my personal advisor at Jobcentre Plus.

I started the European Computer Driving Licence (ECDL) qualification and a course in Personal Effectiveness which gave me more productive things to do through the day. I felt I had to do something different with my life to make things better so I decided to put in the effort.

Once I sat the first test for ECDL and passed it I felt great. Then I heard about a possible job but I felt I had no qualifications and had nothing positive to offer an employer and didn't know what I wanted to do career wise. The job was with an oil company as an Administration Assistant and I felt it wasn't my sort of job. My confidence was low and I thought that there was no point in going for the job as I probably wouldn't get it anyway. After talking to the staff at the Foyer about my insecurities and fears I decided to give it a go. I made up a CV (my first) with help from the Foyer staff and sent it to the company and even got to an interview. To my surprise I was offered the job. By this time I had completed the Personal Effectiveness course and that helped me to gain more knowledge about my career options and personal development. I started the job but was given time off to complete my ECDL at the Foyer.

Initially the job was only a 6 month contract but in November it was extended for another 6 months. I then got offered the opportunity to start training as an Assistant Planning Engineer in the same company, it was a role with more responsibility.

Now I have finished my ECDL and still have the job and have been clean of drugs for nearly a year and a half. In that time I have gone from having nothing to getting a job and a fantastic career opportunity and getting my life back.

My time at Aberdeen Foyer helped me get my life back on track; the staff were there to listen, there to help and always had time for people. I have a lot of respect for the staff at the Foyer, they are hardworking and actually care about people.

I feel that the Foyer doesn't just help people get jobs. They help people deal with life in general. When people come off drugs most of them don't know how to live. Progress 2 Work starts with the very basics, offering new skills and new opportunities to learn new things.

# LIFESHAPER

Lifeshaper, a partnership with Aberdeen College, is a 12 week programme aimed at young people who have had drug or alcohol problems. Lifeshaper enables participants to work towards a happier, healthier future.

Lifeshaper is funded in Aberdeen by NHS Grampian. In North Aberdeenshire financial support is provided by Lloyds TSB Foundation for Scotland. GlobalSantaFe supports teams in both areas.

There have been a number of changes in recent months within the Lifeshaper programme with the introduction of specific modules. Participants are now enrolled through the college and have the opportunity to do the following in a 12 week block

- working with others
- IT skills
- problem solving
- keyboard skills
- local investigations

The local investigations have proved a great success. Participants carry out a research project by visiting places of interest and gathering information in the form of a report with illustrations. The themes have been varied from haunted Aberdeen to famous landmarks. As well as sharpening up students' IT skills the IT module has also incorporated photography and instilled a sense of achievement for all involved. Due to the initial success Aberdeen College has allowed us to work on an advanced level of project which, though more demanding, has again produced good results.

Another point of interest this year has been the completion of a Mural at the Marywell Centre which was completed by participants on Lifeshaper from both Aberdeen and Aberdeenshire programmes with support from a local volunteer artist Georgina Errington and Foyer support staff.

All in all a productive year which has challenged participants in a positive way.



1995 - 2005

# the story starts here

Sometimes things just click, just so with the origins of Aberdeen Foyer where two strands came together. One was an expression of unmet need and frustration experienced by some young people in Aberdeen in the early '90s. The other was a radical new model to see beyond homelessness simply being defined as a problem of housing by recognising a clear economic component.

The expression of need was from those involved in the Central Youth Project whose experience of attempting to solve problems and issues of homelessness, unemployment, ill health, access to education and training and advice services, was met with short term solutions that were more often than not uncoordinated. The radical new model being put forward was that of FOYER. The model advocated that it was critical for homeless young people (and those at risk of homelessness) to be offered opportunities to move into employment alongside temporary supported accommodation. This was about breaking the cycle of 'no home, no job - no job, no home' and finding permanent solutions to youth homelessness.

Such 'joined up' responses to services is now mainstream thinking if not the only way of delivering effective services for many disadvantaged groups, but in the early '90s this was a new vision that challenged many of our conventional ways of thinking and doing.



Architect's visual of Marywell reception area

Visions, however good, need leadership to see them come to fruition. Leadership came by way of political support from local Councillors, as well as a number of key local officials in local authorities and other public bodies who gave their support to the proposals that emerged for a FOYER. During the period from 1993 to the formation of a new charitable organisation (Aberdeen Foyer) in 1995 a number of key decisions were made that brought forward plans for the refurbishment of Marywell Centre (formerly Marywell Street School) together with the acquisition and redevelopment of the former Trinity Church, now Trinity Court, our first supported housing scheme.

We acknowledge the significant contribution made by a range of key local and national government officials to whom we are indebted.



10

building starts at marywell 1995



tony blair mp visits 1997



first prince's trust programme 1997



trinity court accommodation completed 1998



banchory supported accommodation opening 2005



hrh prince charles visits 1998



ken milroy entrepreneur of the year 2004



torry accommodation opens 1999



foyer restaurant + gallery opens 1999



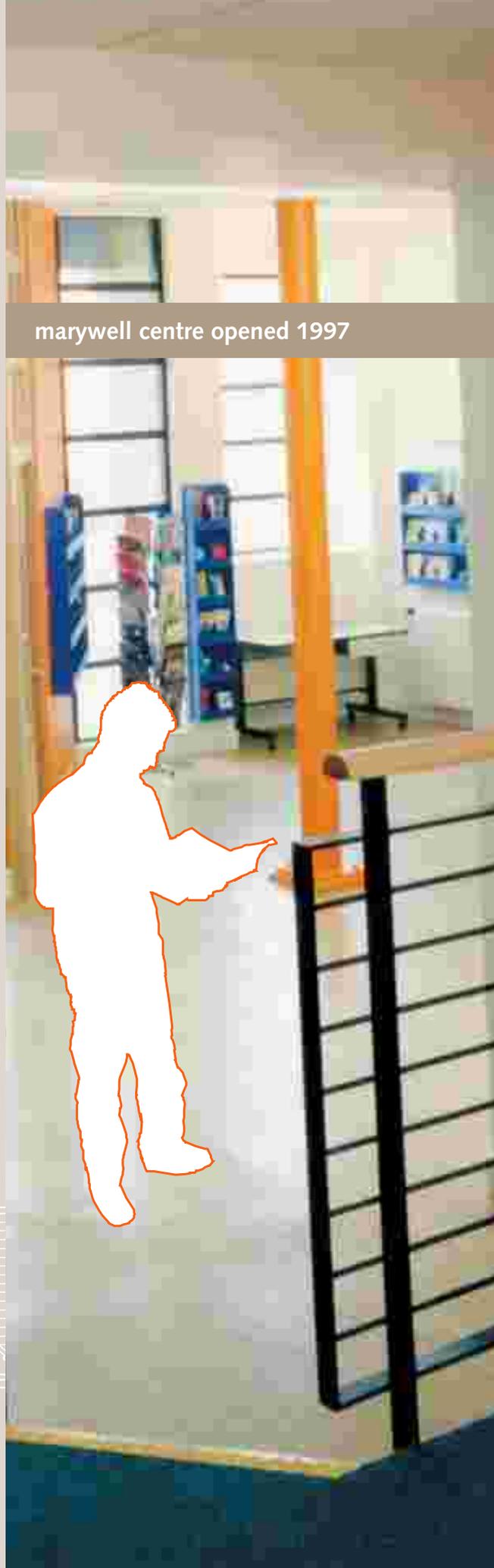
recording studio fully operational 1998



# history - timeline

- **1992** - Start of Foyer movement in UK
- **1992** - Initiative taken by Grampian Regional Council for a multi agency response to the needs of homeless and unemployed young people
- **Jan 1994** - Foyer Working Group established
- **March 1995** - Aberdeen Young People's Project Trust established using 'Foyer Concept' as a useful framework
- **Dec 1995** - Building work starts on Marywell Centre
- **1995** - Aberdeen Foyer established
- **March 1997** - Rt Hon Tony Blair MP visits Marywell Centre
- **March 1997** - Official opening of Marywell Centre by Lord Provost Margaret Farquhar
- **Sept 1997** - Aberdeen Foyer Director elected to Foyer Federation Board, first Scottish member
- **Sept 1997** - First Prince's Trust programme ran from Marywell Centre
- **Oct 1997** - Marywell Centre receives a commendation in Aberdeen Civic Society awards
- **December 1997** - Foyer Enterprise Ltd established
- **March 1998** - Trinity Court accommodation completed
- **April 1998** - HRH Prince Charles visits Marywell Centre
- **Oct 1998** - Establishment of Young People's Management Committee
- **1998** - Music recording studio fully operational
- **Jan 1999** - Foyer Graphics established
- **June 1999** - Foyer Restaurant + Gallery opens
- **August 1999** - Supported accommodation opens at Victoria Road, Torry
- **1999** - Education and Training team established
- **1999** - New Deal Consortium established
- **February 2000** - Supported accommodation opens in South Aberdeenshire
- **2000** - Lifeshaper programme starts in Aberdeen
- **2001** - Foyer accreditation
- **2001** - First Community Health service established - 'Sorted Not Screwed Up'
- **2001** - Launch of 'Investors in the Foyer'
- **September 2002** - Stonehaven supported accommodation opens
- **April 2002** - Peterhead/Fraserburgh supported accommodation opens
- **2002** - Gateway to Work contract awarded
- **2002** - New Deal Innovation Fund Projects commenced
- **2002** - Prince's Trust Team and Lifeshaper established in North Aberdeenshire
- **2003** - Progress2Work and Ambition Construction contracts awarded
- **2003** - Introduction of Supporting People
- **2003** - Opening of refurbished IT suite
- **2003** - Literacy and Numeracy project began
- **2004** - Aberdeen College awarded Beacon Award for the successful partnership with Aberdeen Foyer
- **2004** - Chief Executive, Ken Milroy, won Ernst & Young Scottish Social Entrepreneur of the Year
- **2004** - Reaccredited by Foyer Federation
- **2005** - Delivery partner for Opportunity Gateway Partnership
- **May 2005** - New supported accommodation opens at Arduthie Road, Stonehaven
- **Oct 2005** - Launch of Foyer Drive
- **2005** - Successful Care Commission inspection of supported accommodation
- **2005** - Banchory supported accommodation opening

marywell centre opened 1997





# OPPORTUNITY GATEWAY PARTNERSHIP



In April of this year we embarked on one of the most significant developments in the life of the Education and Training team to date when colleagues in the network of Learning Houses across Aberdeen and Aberdeenshire joined Aberdeen Foyer. The Learning Houses in Peterhead and in the Middlefield, Sandilands and Torry areas of the city provide invaluable advice, support and skills to families and individuals who would otherwise not be able to access facilities such as computers and the internet. A Learning House in Fraserburgh will open in early 2006.

There is a clear link and similarity between the network and other Foyer services and these will be enhanced and developed over the 3 year initial period of the Opportunity Gateway Partnership; a unique partnership involving Scottish Enterprise Grampian, Communities Scotland, Aberdeen City and Aberdeenshire Councils with the support of Grampian Housing Association and Tenants First. The partners expect that we will achieve a number of set targets for moving people into employment and assisting with skills development.

While it is important to measure targets, the benefit for families and individuals who have accessed the Learning Houses to develop their skills, confidence, motivation and self-esteem is immeasurable. We can derive enormous pleasure and satisfaction from some of the comments and letters that the Learning House staff regularly receive from current and past users of the services.



**"I can't thank you and the staff at the Learning House enough for all the help, advice and encouragement you gave me when I first moved to Aberdeen. When I arrived in Aberdeen my literacy skills were very poor, to the point I struggled to get by – thanks to staff at the Learning House who saw potential and looked beyond the literacy to see the person. They gave me strength and encouragement to persevere with it. The improvement in my literacy skills led to increased confidence and improved my communication skills. I am now confident enough to try to help my children with their school work where as before I would have been embarrassed or ashamed to even attempt it.**

**I am proud to say that as a result of this I managed to get a job as a carer so now I have the opportunity to help others. This job has really helped my family – I had the opportunity to help my girls further their education.**

**Although it's been difficult I have kept at it for my sake but more importantly for my children's sake. You may remember that I spoke about writing a book about my life. This is still a dream.**

**Thanks once again for all your help."**



**"Thanks to the two staff in Peterhead. You gave me confidence in myself – more positive thinking from me; not afraid of computers at all now. The Learning House has totally changed me, I even answer questions at College and I never did anything like that at school or work, I always stood back and let other people answer. You have done wonders for me. Can't praise you enough!"**





Prince's Trust



## PRINCE'S TRUST TEAM

Aberdeen Foyer in partnership with Aberdeen College delivers the Prince's Trust Team in Aberdeen and Aberdeenshire.

Since October last year 63 young people have participated in the Prince's Trust Teams in Aberdeen and Peterhead. Of those 68, 47 were previously involved with the Foyer either as tenants or as participants in one of our other programmes.

The 68 young people include 7 employed team members. The funding for small business employees came from Scottish Enterprise Grampian.

The teams took part in various fundraising activities such as bag packing at local supermarkets, prize bingo and sponsored events during the residential week. The funds raised went towards buying materials required to carry out community projects. Projects which the teams have undertaken in the past year include

- a garden makeover for the Young Carers Association, Peterhead
- brightening up a youth drop in centre at Barclay Park Pavillions
- a garden makeover for Barnardos and Cornerstone, Peterhead
- a bingo session for elderly people
- built a stone dyke in a green park area





**The Peterhead Teams, sponsored by ExxonMobil** took part in a training day at Loanhead Equestrian Centre, the aim of which was communication skills with a difference. The team were not allowed to speak to or touch the horses but had to communicate with the horses by different means and make them do things such as jumping over jumps and trotting around the boundary of the indoor school.

At the end of each programme the teams take part in a final presentation held at the Town House, Aberdeen or Waterside Inn, Peterhead. Friends and family are invited to come along to see what the team have been doing for the past 12 weeks. In Aberdeen the Lord Provost presents the team members with their certificates. Over the past year each Aberdeen team has received a generous donation from the Lord Provost's Charitable Trust which is used to provide certificates, trophies and prizes to the most motivated team members.

The qualifications that the team members gain during the programme now include SQA National Certificates in Social Awareness & Development and Communication.





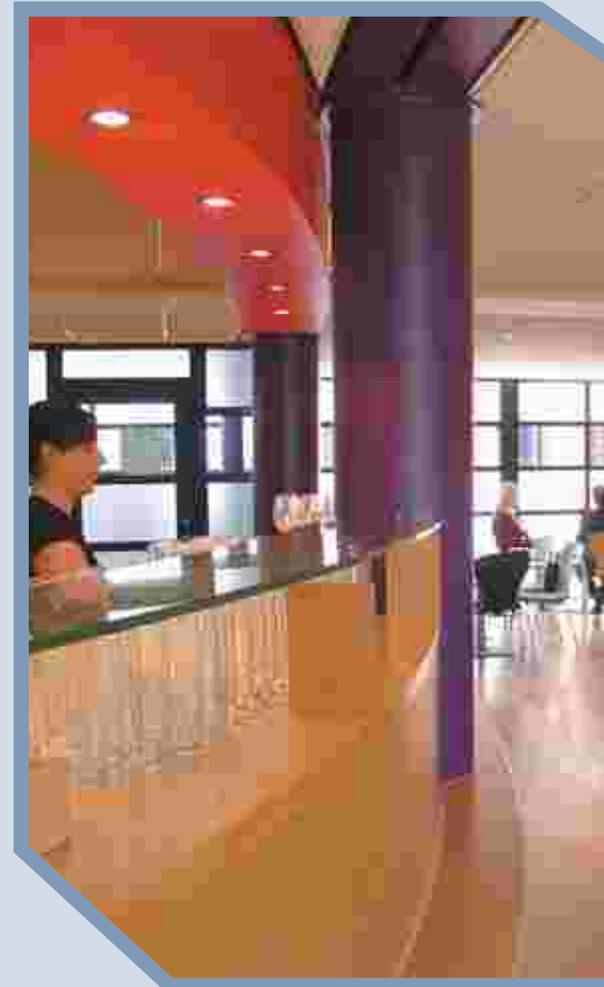
# foyer restaurant + gallery

The end of December 2004 saw us breathing a sigh of relief after serving a record amount of customers over the busy Christmas period. We also knew that work was finally starting on our greatly anticipated kitchen extension and restaurant refurbishment. The work went according to agreed timescale and we reopened on Friday 5 February earlier this year.

The kitchen has been extended into the courtyard at the back of Trinity Court and not only has it doubled in size more importantly we have a 'fit for purpose' professional space. Each section within the kitchen - Larder (starters), Sauce (main courses), Pastry (sweets) and Dirty Dish area (dirty dishes!) now has its own designated storage, preparation and service area. Not only has this helped to improve our already vigilant Health + Safety practices but has ultimately given us a more productive service system which allows us to get the best possible finished product to the customer. The scope of our menus has also been increased due to the addition of new pieces of equipment eg a combination oven, a chargrill, allowing us to introduce 'new' dishes so Brian our head chef and his team can really let their creative juices flow! We are also able to 'plate up' 14 dishes at a time now (as opposed to only 6 in the last kitchen) due to the much longer hot plate. This has a definite advantage when it comes to large bookings.

The Restaurant area has also increased in size; an office has been added at the back and the previous Fire Exit area has been opened up allowing an extra 12 covers at any one time. Not only has the space been increased it has created a much more 'workable' floor space for us to fit in large bookings. The floor was replaced, the bar given a 'face lift' and the Restaurant painted in new colours. We also reopened as a non-smoking restaurant which has received a really good response from our regular customers. The idea behind all of these subtle changes, along with the new tables and chairs was to give the restaurant a more mature, grown up feel. After all, we will soon be going into our 7th year of trading!

In relation to staffing we have built on our strengths with no great changes to core staff. We have increased our marketing profile by advertising in selected publications and have introduced Corporate Accounts. December is already looking extremely busy with Christmas lunch and dinner bookings. We hope to see you at the restaurant very soon.



## FOYER FACTS

- open tues - sat
- 10am - 11pm
- gallery space
- menus + exhibitions change every 6 weeks
- snack menu
- children's menu available
- gluten free option
- diary free option

### foyer restaurant + gallery

82a crown street  
 aberdeen ab11 6et  
 tel/fax: 01224 582277  
 restaurant@aberdeenfoyer.com  
 www.foyerrestaurant.com

### 2005 artists + sponsors:

**ruth maxwell + david henderson**  
 sponsor: petro-canada

**sally moir**  
 sponsor: stolt offshore

**rachael macarthur**  
 sponsor: university of aberdeen  
 word festival

**emma holden**  
 sponsor: jenkins + marr

**sarah matheson**  
 sponsors: rgu gray's school of art  
 look festival  
 nevisprint





## FOYER RESTAURANT - ROY'S STORY

I had completed my SVQ Level 2 with my tutor from Hospitality Training. She told me I had done really well and that she had a surprise for me. The next week I received a letter stating that I had been put forward, along with 5 other candidates from the North-East, to win a scholarship that would entitle the winner to an all expenses paid 2 week work experience in a Michelin Star Restaurant. I was gob smacked and everyone at work was really proud of me and kept saying how jealous they were and that I should grab the chance with both hands. In order to win I had to write an essay on why I felt I should win the scholarship and what benefits I would gain from the experience. I didn't think I stood a chance as I have never been very good at writing essays. I wrote about what I was like before I started my job, how much I've learnt, how far I've come already and about how, given the chance, I would work really hard, learn as much as I possibly could and bring my new skills back to work here at the Foyer. When I received the phone call saying I had won, I couldn't believe it. My workmates were all congratulating me and my boss was really chuffed.

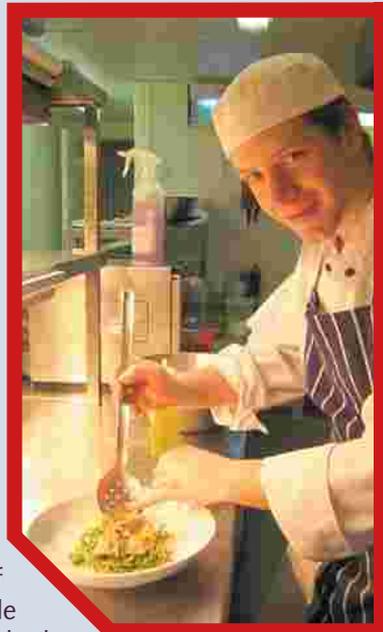
So on the 21st of June this year I started my 2 week placement at Martin Wishart Restaurant in Leith, Edinburgh. Nothing could have prepared me for those 2 weeks. I worked Tuesday - Saturday, from 8.30am until 3pm, then back at 4.30pm until 11.30pm. The food they served was amazing - everything had to be absolutely perfect or it didn't get used. The chefs were like robots and there was no time for any banter as they were so busy and concentrating so hard so they didn't

make any mistakes. But I didn't let this get me down.

I just kept my head down and got on with the job.

During prep time I did different jobs for each section and gained a lot of new skills eg how to gut fish, how to bone different meats (which all came in whole and fresh!), how to make different sauces, preparing vegetables that I had never seen in their raw state before, learned the importance of wasting as little as possible and making sweets that I had never made before like souffles and sorbets. But during service I did the 'amuse-bouche' (appetisers) and petite fours (little sweets) to have with coffee and basically just watched and learned.

Before I had my work experience I thought I knew quite a lot about food and cooking methods but soon realised that I have so much more to learn! It opened my eyes and was an amazing experience. It was pretty hard going and at times a bit tedious but I stuck it out and am glad that I did as not a lot of people can say they have done what I have done. It also looks good on my CV!



**switched on since  
1999**



# foyer graphics

**foyer graphics provides fresh creative design to meet all your needs**

- corporate identity
- newsletters
- menus
- leaflets
- annual reports
- web design
- posters
- advertising & promotional material
- presentations
- brochures
- exhibitions

**We will meet your expectations and more.... with inspired, effective design solutions.**

**For more information please contact:**

Tel: 01224 261094 or 261095  
lauram@aberdeenfoyer.com  
78 Huntly Street, Aberdeen AB10 1TD  
[www.foyergraphics.com](http://www.foyergraphics.com)

*Foyer Graphics is an enterprise of Aberdeen Foyer. The profit generated is used to support Aberdeen Foyer's work with young people.*

# HEALTH



- **SHAW (Scotland's Health at Work)**  
Silver award for staff health - summer 2005
- **'pack it in' ASH Scotland project**  
funding awarded for 15 months from ASH Scotland to deliver smoking cessation project 'pack it in'  
6-8 weekly group sessions for young people using healthy eating, counselling, physical activity, relaxation sessions, complementary therapy etc as support to stopping smoking
- **Foyer Fitba**  
5 aside football for staff and young people at Goals during July and August
- **Health Improvement Fund 'Food in Focus'** funding awarded to refurbish flat 26 Trinity Court for food and nutritional sessions for tenants
- **Breakfast/lunch clubs** run regularly at all Foyer sites
- **Community Health Visitor** based at Trinity Court
- **Young People's Health needs assessment** and report completed
- **Staff Health needs assessment** and report completed
- **Over 800 contacts** with young people between Oct 04 - June 05 (health checks, one to one sessions, health & lifestyle workshops, smoking cessation, health events etc)
- **'sorted for men'** men only health event - physical activity, healthy eating, relaxation
- **men's health** - lunch & learn
- **complementary therapies** at all sites

- **Get Active! Get Sorted!**

96 people - staff, tenants and service users took part in a challenge during the month of September to gain as many points as possible for their teams by increasing their normal level of exercise. Activities arranged included: tai chi, self defence, basketball, juggling, volleyball, hill climbing, fitness classes, snowboarding, wall climbing, jogging.



- **Health Fair May 2005**

Over 120 visitors took part in our health fair including Foyer tenants, other young people, programme participants, members of staff, friends, family and partner agencies. Interactive displays included topics such as:

- Sexual health
- Self harm
- Lifestyle checks
- Walk Your Way To Health
- Healthy eating
- Bare essentials
- Alcohol free bar
- Smoking Advisory Service
- Face morphing booth
- Free healthy lunch
- Chill out room
- Stress and relaxation workshops



- In September the Marywell Centre kitchen was awarded Commended level for Scottish Healthy Choices. This award scheme is administered jointly by the Scottish Consumer Council and Health Scotland and open to all types of caterers to encourage provision and promotion of healthier food choices. Food hygiene and safety must be of a high standard and the environment must be as consumer-friendly as possible ie no smoking and provision for breastfeeding mothers.

Well done Helen and Geoff!



# SORTED NOT SCREWED UP!



## More than 2 people per day die from suicide in Scotland

"Suicide prevention is everybody's business"

Aberdeen Foyer's mental health and wellbeing project, Sorted Not Screwed Up! (SNSU) has been funded since April 2004 by the Choose Life suicide prevention strategy. This national strategy, part of the Scottish Executive's National Programme for Improving Mental Health and Wellbeing aims to reduce suicide by 20% in Scotland by the year 2013.

SNSU is committed to assisting vulnerable young people. Many of the young people who access our services fall into the priority groups linked to suicide risk as outlined in the Choose Life strategy, these include: young people (especially young men) with existing mental health difficulties, previous suicide attempts, contact with criminal justice system and substance misuse. As well as the ongoing work in-house such as counselling, Cognitive Behaviour Therapy, information, responding to crises, training and consultation, staff have also been involved in developing and delivering a series of workshops for youth workers throughout Aberdeenshire as part of Aberdeenshire Council's Choose Life strategy.

Raising awareness of other services helping vulnerable young people at risk of suicide has also been an integral part of our Choose Life work. Counselling helplines such as Breathing Space Scotland and the Samaritans have been promoted.

SNSU has been selected by the Mental Health Foundation as an example of good practice for a service that supports young people who are in crisis. Aberdeen Foyer is just one of eight projects selected within the UK and is the only service representing Scotland. This group of eight projects now forms a Positive Practice Group to assist the Mental Health Foundation in their Youth Crisis Enquiry which includes a unique online forum for young people to air their views and opinions about their experiences.

## HOMELESS WOLD CUP

Steven Buchan of the Aberdeen Foyer football team was selected to play in goal for Scotland in the Homeless World Cup Street Soccer tournament in Edinburgh in July in which 250 players from 32 countries competed.

Three further players from Aberdeen Foyer were chosen as part of an international reserve pool; available to play for any competing country should the need arise. The Scottish squad trained in Glasgow with coach Ally Dawson formerly of Rangers Football Club. The selection process took place over a number of months with teams from around Scotland taking part in competitions.

### steven's story



I first became involved with Aberdeen Foyer about a year and a half ago. I was trying to piece my life back together after having gone through a rough couple of years. The Foyer gave me the support I needed to move on from the past and look to a better future. In fact, things have gone so well over the past year that I am now a member of Foyer staff myself.

The main way in which the Foyer helped me was by bringing activity back into my life. This happened in the best possible way with the Homeless World Cup.

Throughout my youth I had always dreamed of playing football for Scotland but I had never thought my dreams may come true - especially after the tough couple of years I had just gone through.

I will treasure my memories of that week in Edinburgh for the rest of my life. Just being a part of the occasion and meeting so many people from all over the world was an amazing experience in itself. The fact that Scotland made it to the semi-final just topped it off.

Words can't describe just how much it means to me to have played international football for my country and I am so thankful for the support and encouragement given by the staff at Aberdeen Foyer.





"We must stick by young people through thick and thin. They make mistakes but we need to allow them to make mistakes and be there to support them. Reliability, trust, consistency - these are the things many of them have never had before."

Bill Mearns, Operations Manager

## YOUNG PEOPLE'S FORUM

This year has seen the reincarnation of the Young People's Management Committee into the Young People's Forum. The Forum exists to allow all young people involved with Aberdeen Foyer to have a formal mechanism of consultation. They meet monthly with a remit of discussing issues which have arisen, to be consulted with prior to decisions being taken which will affect young people, to organise activities for young people and to have representation on Aberdeen Foyer Board of Directors.

Elections took place in April at each of the supported accommodation sites and with programme participants. The inaugural meeting took place on the 5th of May where the constitution was studied in depth. This was followed by a weekend away to build relationships and gather ideas on how to move forward. The weekend was a resounding success. Raft building, rafting, mountain biking, problem solving and orienteering were undertaken by all with great gusto and relationships quickly developed. Evenings were spent discussing ideas to be worked on at future meetings.

The Forum members have attended Board meetings putting forward their views and ideas freely, this has been welcomed as very important to the function of the Board. The young people have undertaken committee training provided by Aberdeen Council of Voluntary Organisations and have represented the tenants to further issues which would require a reform of present policy. An open day is being organised which will give young people the opportunity to discuss issues which affect them as well as having some fun. Members will produce a quarterly newsletter and are organising a fundraising venture by doing a sponsored walk along the Great Wall of China.

The young people involved have put great effort into the task of representing their peers and have been very successful in their new venture.

"I feel responsible and important now that I am a member of the Forum. You get listened to and things get done"

"It feels good to think you are helping other people instead of just being helped"



"You feel like your points of view REALLY do matter and you can make a difference because you are talking to people who make decisions"



## FOYER DRIVE

Last year Communities Scotland funded an independent consultant on our behalf to develop a business proposal and to comment on the feasibility of a Foyer driving school.

Through fantastic support from the Rank Foundation we were delighted to launch 'Foyer Drive' on 6 October 2005. There are three main aims to this initiative:

- to find a way of being able to offer affordable driving lessons to our client group that is sustainable
- through a young person's individual action plan, use the driving initiative to assist with the development of other core skills that are integral to all of our work with disadvantaged young people and
- provide a unique product to young people in the community that encourages safe and knowledgeable driving, that in turn provides a social business for Foyer young people to be employed in.

Our partners in Foyer Drive are BSM, RAC Insurance, Aberdeen College and Grampian Police. We also have financial support from our main corporate Investor ExxonMobil and VW Specialist Cars and Petrofac Facilities Management.

The idea has been commended by Communities Scotland as 'an innovative and effective development which is highly relevant to financially excluded young people. Foyer Drive is a logical development within the Foyer's total provision and contributes another piece to the jigsaw of holistic support'.

In keeping with the holistic philosophy of Aberdeen Foyer, Foyer Drive will not only be concerned with supporting young people to learn to drive but also provide a package including basic car maintenance, driving citizenship and road safety, literacy support via theory test, web based training modules, second hand car inspection and RAC membership. The proposal is based on a range of outcomes, for example, skills acquisition, increased confidence and self-esteem and a sense of achievement. All of these skills will contribute to increased employability. As well as increasing people's employability through gaining a driving licence we also hope to create employment for Aberdeen Foyer young people through the management and operation of the project, car related jobs (car servicing, fork lift truck operators, panel beating) and with the long term aim also to train young people as qualified driving instructors.

If you are interested in finding out more about the commercial packages available to young people in the community please contact **Foyer Drive on 01224 252367** or email [foyerdrive@aberdeenfoyer.com](mailto:foyerdrive@aberdeenfoyer.com)



foyer drive



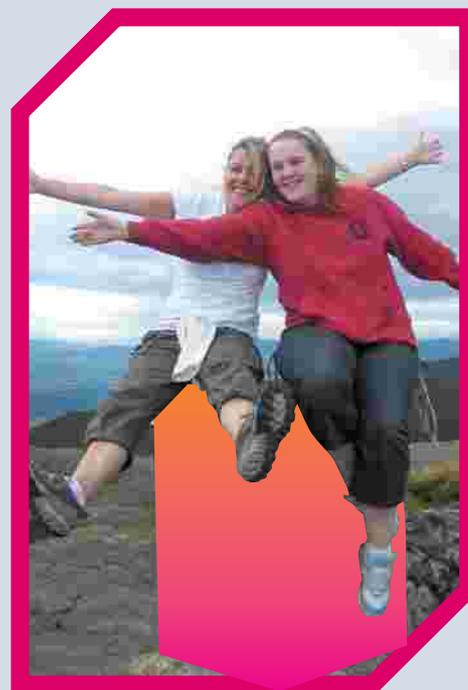


## INVESTORS

To mark the beginning of a year of celebrations and fundraising activities for our 10th anniversary, a formal fundraising dinner was held at the Marcliffe at Pitfodells on 3 September. Over 260 guests attended the event sponsored by AMEC, BP and Shell.

This was our first major fundraising event and we are delighted to have raised the net sum of £27,520; a significant amount of unrestricted funds. We would like to extend our thanks to everyone who supported and contributed to such a successful evening.

*We would like to thank the following investors for their continued support:*



**Aberdeen City Council** Aberdeen City Youth Justice Strategy Group **Aberdeen College** Aberdeen City Local Action Fund **Aberdeen Harbour Board** Aberdeen Healthy Living Network **Aberdeenshire Council** Absoft **Activpayroll** Anderson Anderson Brown **ASDA** BAA Aberdeen Airport **Bank of Scotland** Ben Reid Garden Centre **B M Communications** BP **B&Q** BP Harding Andrew Business Unit **Big Lottery** British Council **BSM** Business Network Scotland **Café Drummond** CHAP Construction **Choose Life** Communities Scotland **CRISIS** **Changing Lives** Croner Consulting **Cults West Parish Church** Dale Carnegie Training **Edge and Rock Youth Group** ExxonMobil **Fox Lane Garden Centre** GlobalSantaFe **Grampian Housing Association** Grampian Police **Gray's School of Art** Halliday Fraser Munro **Jenkins & Marr** Laidlaw Youth Foundation **Lloyds TSB Foundation for Scotland** Ledingham Chalmers **McWilliams Ltd** Mother Technologies **Mrs J W E Hudson's Charitable Trust** Nevisprint **NHS Grampian** One-Up Records **Paul & Williamsons** Performing Rights Society Foundation **Petro-Canada** Petrofac Facilities Management **RAC Insurance** Rank Foundation **Ritson Smith** Robert Gordon University **Rotary Club of Banff** Scotland Against Drugs **Scotoil** ScottasPress **Scottish Arts Council** Scottish Business Achievement Award Trust **Scottish Enterprise Grampian** Scottish Executive **Shell U.K. Limited** St Devenick's Church **St Fittick Rotary Club** St Machar Rotary Club **Stolt Offshore** Talisman Energy **The Brownington Foundation** The Tudor Trust Tobacco and Inequalities Small Grants Fund **UKOOA** University of Aberdeen **Volkswagen Specialist Cars** Wildboar **Wood Group**



**Statement of Financial Activities for  
Aberdeen Foyer and Foyer Enterprise  
for the year ended 31 March 2005**

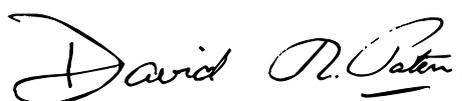
	2005 £
<b>INCOMING RESOURCES</b>	
Donations legacies and similar incoming resources	148,597
Activities in furtherance of charity's objects:	
Housing services	895,488
Education and training	921,402
Health	148,514
Property	1,375
Activities for generating funds	638,845
<b>TOTAL INCOMING RESOURCES</b>	<b>2,754,221</b>
Less: cost of income generation	<u>622,872</u>
<b>NET INCOMING RESOURCES</b>	<b><u>2,131,349</u></b>
<b>RESOURCES EXPENDED</b>	
Charitable expenditure:	
Housing services	979,902
Education and training	856,106
Health	136,644
Marywell Centre	(1,345)
Support costs	152,542
Management and administration	4,200
<b>TOTAL CHARITABLE EXPENDITURE</b>	<b><u>2,128,049</u></b>
<b>TOTAL RESOURCES EXPENDED</b>	<b><u>2,750,921</u></b>
Movement in total funds for the year - net (expenditure)/income for the year	3,300
Total funds brought forward	<u>392,236</u>
Total funds carried forward	<u><u>£395,536</u></u>

The company has made no gains or losses other than as reported above.

**Aberdeen Foyer and Foyer Enterprise  
Balance Sheet - 31 March 2005**

	2005 £
<b>FIXED ASSETS</b>	
Tangible assets	496,806
<b>CURRENT ASSETS</b>	
Stocks	6,523
Debtors	142,942
Cash at bank and in hand	<u>32,898</u>
	182,363
<b>CREDITORS: amounts falling due within one year</b>	<b>283,323</b>
<b>NET CURRENT LIABILITIES</b>	<b>(100,960)</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>395,846</b>
<b>CREDITORS: amounts falling due after more than one year</b>	<b><u>310</u></b>
	<u><u>£395,536</u></u>

Signed on behalf of the Board of Directors



**David Paton**  
Chairman

Audited accounts are available on request.

# CONTACTS

## ABERDEEN FOYER BOARD (2005)

Mr David Paton (Chairman)  
*Local Business Representative*

Mr Mike Melvin  
*Special Director*

Cllr Sandra Macdonald  
*Aberdeen City Council*

Mr Hayden Barrett  
*Prince's Trust*

Mr Bill Ferguson (Treasurer)  
*Local Business Representative*

Cllr Aileen Malone  
*Aberdeen City Council*

Dr Leela Gautam  
*NHS Grampian*

Dr Linda Leighton-Beck  
*NHS Grampian*

Cllr Alister Leitch  
(Vice Chairperson)

*Aberdeenshire Council*

Mr Alan Moat  
*Grampian Housing Association*

Mr Jim Pennington  
*Careers Scotland*

Mr Mike Scott  
*Aberdeen City Council*

Mr Rob Wallen  
*Aberdeen College*

Cllr Anne Robertson  
*Aberdeenshire Council*

Mr Malcolm McNeil  
*Grampian Housing Association*

Mr Ritchie Johnson  
*Advisor - Aberdeenshire Council*

Mr Ken Milroy  
*Company Secretary*

4 young people  
representatives

## FOYER ENTERPRISE BOARD (2005)

Mr Alan Moat (Chairperson)  
*Grampian Housing Association*

Mr David Paton  
*Local Business Representative*

Mr Ciaran Monaghan  
*Aberdeen City Council*

Mr Bill Ferguson  
*Local Business Representative*

Mr Richard Barnes  
*RGU Business School*

Mr Ken Milroy  
*Company Secretary*

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Paull & Williamsons  
Investment House  
6 Union Row Aberdeen

**AUDITOR**  
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& Brown  
6 Carden Place  
Aberdeen AB10 1UR

**BANK**  
Bank of Scotland  
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## Aberdeen Foyer

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## Banchory

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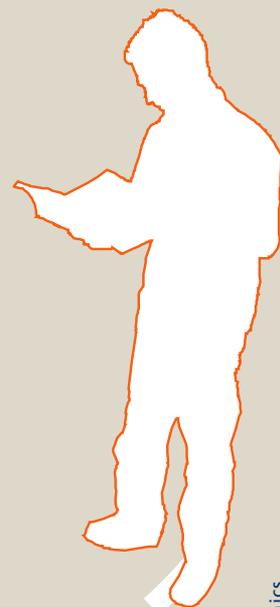
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